

Level 2 (of the 4 part) **Akashic Records** self-help

8 week Series with Facilitator: Reverend Arlene Raedel

Reading Your Soul Book in the Akashic

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Each lesson is \$20.00 and can be sent to you as an on-line course if requested. The Akashic Records holds a record or book for every soul that has ever existed. That book is not only a history of everything the soul has ever done, but is also a guide to the purpose of that soul in this lifetime. It is a record of all the guidance that the soul's spiritual advisers gave during preparation for this life as well as a resource for help along the way and support for succeeding.

This book, called a Soul Book, can be accessed by the soul and "read" in order for the soul to gain wisdom, clarity and understanding of who they truly are and why they are here. Soul Books are divided into sections like chapters which provide specific types of information.

This 8 week course will guide you through a tour of each section, providing you techniques and tips for learning how to work with them directly. As some sections are difficult to read while embodied you will also have the opportunity to meet with your primary spiritual teacher in the Akashics who will offer you insight into your soul and guidance on how to reconnect with it in your everyday life.

TOPICS COVERED:

- How to access Past Lives and learn from them
- Remembering the reintegration process for Past Lives to access the wisdom you have already gained
- Meeting with your primary Akashic teacher to learn more about your soul in its entirety
- Learning about who you are and what you do when you're at home in the Akashics
- Reading the notes and instructions you wrote for yourself about this life before you were born
- Learning to detect the relationships and connections in your life and what they mean for you now and in the future.
- Traveling the road map of your choices and opportunities to see what's next for your life

REQUIREMENTS: This course assumes that you are fluent in grounding techniques, have experience in guided meditation, and have some previous experience working with the Akashics. It is recommended that you have taken the introductory course "Level 1-Find Your Soul Purpose in the Akashics" in preparation for this class.

About Reverend Arlene: She has for many years been providing readings and instruction to others in order to advance crucial knowledge of each soul's purpose in the new millennia. Reverend Arlene and her Spirit Band work to help people change their lives, to help them achieve their dreams, find divine purpose, and achieve happiness through Readings. She works with clients to help them remember the spiritual goals they have set for themselves in this life, the true and glorious perfected spirit they are even today, and the opportunities and challenges that await them in the now and in the future.