

8 Week Self Help Series

Healing With the Energy of Jesus

Facilitator: Reverend Arlene Raedel

Beginning July 24th, 2017 Mondays @ 6:30

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**Each lesson is \$20.00 and can be paid with Cash, Visa Gift Card,
Check or Pay Pal**

(This course can not be an on-line course) (pre paid course gets 10% discount)

This information is intended to be educational and not for diagnosis, prescription or treatment of any health disorder. It is intended to be used as an adjunct to a rational, responsible health care program. This information should not replace consultation with a competent health care professional. The facilitator is not liable for any misuse of the material.

Lesson 1: Introduction of Concepts / Spiritual Cleansing

Once you learn to personally spiritually cleanse you will realize that everything around you is in harmony. The course will inspire you to cleanse your, family, home, job and naturally want to help other people and the Earth itself, for the Earth needs to be cleansed for the ultimate arrival of the Age of Aquarius.

Lesson 2: Cleansing a Person with the Light of Jesus

Your ego, your mental system, has certain formulas, and these formulas have to do with what you have learnt before. So, the tendency is always to use the formulas that already exist. It is very difficult for someone, especially when he is just starting out, to accept that there are other solutions, different to those he is already familiar with. So, when someone starts cleansing and having visions, seeing images, there is always a tendency to use his own formulas to find the meaning of what it is he is seeing.

Lesson 3: Chakras --a New Definition

There are thousands of chakras. We are going to work with the seven main chakras. Each of these seven chakras is about 4 inches wide and is strategically positioned. The best way for a person to stay healthy is to ensure that these energetic centers remain aligned and continue to make the energy circulate, so that the entire body is able to vibrate with healthy energy.

Lesson 4: Healing Guide

The Healing Guide is a concentration of all your healing energy. Your being down there and your being up here accumulate all your healing energies. These energies are then put into a format that builds up all your wisdom of healing - whether from this life and from other lives, or even from time/space between lives up here. The Healing Guide is the gathering of all your healing energy into a single being that will guide you and will give you more resources to be able to cure.

Lesson 5: Cleansing at a Distance

Cleansing from a distance is less effective but if the person is far away or if the person does not want to be cleansed while being physically present, then between doing nothing and cleansing from a distance, cleansing from a distance helps of course. The problem about cleansing from a distance is that although the energy obviously enters there is no physical connection between the two people

Lesson 6: Cleansing of Places

To cleanse a space means to remove this memory; it is to ensure that this place is energetically empty so that your energy is able to live there without obstacles, without interference from things that have happened in the past.

Lesson 7: Guiding Spirits to Heaven

There are several reasons why spirits do not ascend. Attachment is one of the reasons. The Spirits are beings who are either worried because the people that remained behind used to depend on them emotionally, or because they were very close to these people; and attachment has to do with the lack of a spiritual life. It is not the lack of a religious life: sometimes people are very religious but they are not spiritual because spirituality has a lot to do with detachment, with surrender.

Lesson 8: Cleansing the Earth

The Age of Aquarius, the era of the cleansing of the soul, needs a clean environment in order to manifest itself. If you have a clean environment around you, then everything that you have to cleanse will naturally feel much calmer, and you yourself will be able to cleanse more easily. But if you have people around you who are resistant, resentful, angry or who carry a lot of rage, you will be inclined to follow that standard. This makes it much harder to cleanse the earth, to cleanse yourself, to cleanse your karmas, and to cleanse your soul, as the Age of Aquarius proposes.