

Self Help 6 Week Course  
**Heal Your Relationship Karma**

Facilitator: Reverend Arlene Raedel

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So often when we have a relationship problem, we try to fix it with talk or analysis or discussion--either with the person directly, or to a friend or therapist.

However, sometimes talk isn't the best way to fix a relationship. Sometimes, it's far more effective to work energetically, with the understanding of yourself and the other person in the relationship, as One.

*Remember you are One, and remember also this: whatever affects the smallest, whatever affects the least, also affects you.* You are not merely interconnected; you are the same. This may mean looking deeply and carefully at who shows up in our lives--and what we're here to learn from them.

**Topics covered:**

- Healing relationships that have wounded you
- Making amends for relationships in which you have wounded
- Balancing relationships that are out of balance
- Understanding when a karmic crossing is complete
- Freeing yourself from relationships that are negative, stuck or harmful
- Being open enough to truly love in this lifetime
- Being brave enough to call in your true Beloved
- Being compassionate enough to heal from past love
- Using soul-to-soul communication to connect deeply with others
- Releasing karma, not just for yourself but for your ancestors and progeny
- Healing relationships beyond time and space, even beyond death
- Exploring your past lives, to understand where you've been
- Using energy to heal Divinely: body, mind and spirit

The deepest level of healing is Divine: In this course, you are invited to dive deeply into your relationships at the most profound level--those karmic crossings you experience with partner, parent, child, friend, teacher, colleague and acquaintance.

**ABOUT Reverend Arlene Raedel**

An intuitive consultant and teacher. However, her most important education came in the form of extensive inner exploration and experimentation in developing her intuition. She shares her insight in workshops, personal sessions, and with this comprehensive program.