

Self-help Series with Facilitator: Reverend Arlene Raedel

Discover Kabbalah and the Tree of Life

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Each lesson is \$20.00 and can be sent to you as an on-line course if requested.

Payment can be made in cash, Verizon Gift Card, my Pal Pal or check

**Begins in the Healing Temple of Harmony Grove September 7th at 7 p.m.
(2975 Washington Circle Drive, Escondido, CA)**

In this course you will learn how to access the Tree of Life within you and utilize it consciously to work through life lessons, connect more deeply with source, and manifest your best life.

Kabbalah /'kabələ'/ (קַבְּלָה, "receiving/tradition") is the living mystical tradition of Judaism. Its roots stretch back to the time of the Torah, the first five books of the Bible's Old Testament, and to the oral traditions, collected into the Talmud, which predate and support it. One of the most accessible features of Kabbalah is the Tree of Life. It is a map of how the world was created in the beginning and continues to be created in each moment. Being created in God's image, each of us contains our own Tree of Life in order to manifest our life, our lessons, our desires, and our purpose into the world.

TOPICS COVERED

Kabbalah in Judaism and where the Tree of Life originates.

Weekly lessons looking in depth at each individual Sefirah including its function in the process of manifesting, how it relates to other Sefirah and to embodied life, and how to utilize it for conscious manifesting.

Weekly guided meditations providing a means of experiencing the Sefirah directly. I encourage you to pick something to manifest as students learn more fully and quickly by doing.

Lesson 1: Kabbalah and the Tree of Life

Lesson 2: Kether

Lesson 3: Chokmah

Lesson 4: Binah

Lesson 5: Da'at

Lesson 6: Chesed

Lesson 7: Geburah

Lesson 8: Tifereth

Lesson 9: Netzach

Lesson 10: Hod

Lesson 11: Yesod

Lesson 12: Malkuth

Lesson 13: The Serpent's Path

Certificate of Completion Available once all lessons are completed

ABOUT Reverend Arlene Raedel:

Reverend Arlene has for many years been providing readings and instruction to others in order to advance crucial knowledge of each soul's purpose in the new millennia. Arlene has expanded her experiences by studying with elders of other tribes and other cultures finding beauty in their uniqueness and amazement in their wisdom. She also works to help people change their lives, to help them achieve their dreams, find divine purpose, and achieve happiness. She works with clients to help them remember the spiritual goals they have set for themselves in this life, the true and glorious perfected spirit they are even today, and the opportunities and challenges that await them in the now and in the future.