

8 Week Self-Help Course

Develop Your Natural Medium Abilities

Spiritual Development Facilitator: Reverend Arlene Raedel (HGSA2001)

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Upon request this can be an on line course

Begins September 18th, 2017 Monday's at 6:30 p.m. at the Cernie Insititute 3769 Tibetts, Suite C, Riverside, CA 92506

Donations of \$20.00 (or more) per lesson. Payable by check, cash, Visa Gift Card or Pay Pal.

This course will provide the instructions and practices needed for you to communicate with spirits including your guides, and deceased ancestors. You can contact these spirits for yourself or for others. You can even contact your deceased pets. The process is basically the same. You were born with the ability to communicate with the spirit world. When someone close to you goes into spirit, you may sense their presence, smell their perfume, or dream of them. Widows may even see their husbands or hear them talk after they went into spirit. You can take this innate ability and develop it to the point where you can communicate with spirit as you choose.

There are many reasons why you may want to learn how to be a medium. Here are a few:

- You've had a communication already and want to know how to extend it or how to contact others that you haven't heard from
- You want to know how professional mediums contact those in spirit
- You want to enhance your skills and learn easy methods of protection
- Communication with the dead shows continuation of life - having proof that life does go on after death is healing and brings a lifelong deep sense of peace
- Communications are healing for us on earth and for the spirits, too
- Spirits who come to us are connected to us; their communication is for us and is on a very personal level

You will learn

- How mediumship is developed and what chakras are most important
- Six ways to protect yourself energetically plus smudging
- Exercises to help develop your mediumship abilities
- Meet your spirit guide in The Theater of The Spirit Guides
- Your guide, who could she/he be?
- How to read anyone in spirit
- What questions to ask your guides, ancestors and pets
- Eight ways to help incubate a dream visit with your loved one
- Reading Colors
- Communicate with your pets in spirit
- Cross species reincarnation
- Practice reading animals in spirit, validations included
- Psychometry for mediumship
- A psychic tool to quickly get an answer for your questions
- The many ways spirit contacts us
- Fourteen ways to validate your communication

In the Enhanced Psychic Tools Meditation

- Learn to prepare for readings

- How to give your readings a boost with the Golden Triangle
- Create three tools designed to supercharge your intuition
- How to ground yourself and room for easier readings
- Run the energy, and clear the center of your head
- Establish your reading screen and ground it for clairvoyance
- Create a separation rose to eliminate outside energies
- Write a prayer of intention for the reading and a prayer of gratitude for the help and the communication
- Disconnect from a reading

This course describes the many practices, gives examples of the practices and provides exercises and/or homework.

Benefits of the course include:

- Communicating with loved ones in heaven and receiving healing messages from them is life changing. When you get the information yourself, there is no misinterpretation.
- Communicate with the Masters for their help, guidance, and support.
- Contacting beloved pets in heaven is reassuring.