

## **Self-Help Akashic Series with Spiritual Facilitator Reverend Arlene Raedel**

**8 week course**

### **How to Access Your Soul Book in the Akashic Level One**

This class provides you the means to receive information from your soul book in order to Read Your Akashic Record.

Everyone on this planet has a purpose -- a reason for being here that goes beyond survival, goes beyond immediate family. We all have a purpose that we are uniquely suited for and which improves ourselves, the lives of others, and the Universe at large. This purpose can lead us towards our best and highest selves and help us leave a legacy behind so that we are known and remembered lovingly after we are gone. Each of us knows there is a purpose to our lives, and yet we can spend a lifetime trying to define what it is.

The Akashic Records holds a record or book for every soul that has ever existed. That book is not only a history of everything the soul has ever done, but is also a guide to the purpose of that soul in this lifetime. It is a record of all the guidance that the soul's spiritual advisers gave during preparation for this life as well as a resource for help along the way and support for succeeding.

This self-help course lifts the veil of secrecy on how to access your Soul Book in the Akashic Library including instructions on grounding techniques, a how to guide on creating sacred space wherever you are, audio guided meditations to help you experience the wisdom of your Soul Book, and detailed discussions of how you can achieve the greatest rewards from your readings in order to become the best possible you in this life. Through this self-help course you will learn how to tune into your Soul Book in the Akashic Record and remember exactly who you are and what you are meant to do in this life.

#### **Topics Covered:**

- How to navigate in the Akashic Records
- Creating Sacred Space in your own Space
- Keeping grounded when all around you is changing
- Discovering your untapped potential
- Reviewing your past lives
- Rediscovering your purpose for this life
- Accessing the record of your Soul and the wisdom it offers

The Akashics are open to everyone who seeks to find the answers to their questions and to act on what they find. Reading your Soul book will give you the ability to learn why you are here, what the meaning of your life has been so far, what challenges you are here to work through, what expectations you have for yourself, what are your gifts and abilities, what you are to earn, and who you wanted to become. As many questions as you can imagine, there are responses and support in your Soul Book.